



# WG 2 – Physiological and Technical Background From Bench to Bedside

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Highlights  
10/05/2024

# TASK 2.1 – MECHANISMS (LED BY S. DOGAN & B.G. TUNA)



- **Aim:** To summarise current knowledge on mechanisms of vascular ageing, derived from basic research, and on genetics of vascular ageing, and establish research priorities for integration of novel pathways into the framework of integrative physiology and translation into clinical research

## **Deliverable 2.1: Call-for-action document**

- **Main achievements:**
  - *Theories and molecular basis of vascular aging* published in *Int J Mol Sci* (coordinated by E. Gkaliagkousi, K. Gopčević and & L. Antonis; collaboration with WG3)
  - *Pathophysiology of circulating biomarkers and relationship with vascular aging* published in *Front Physiol* (coordinated by K. Gopčević; collaboration with WG3)
  - *Pharmacological modulation of vascular ageing* published in *Ageing Res Rev* (coordinated by L. Roth)
  - *Centenarians – The way to healthy vascular aging and longevity* published in *GeroScience* (initiated by K. Eruslanova; coordinated by S. Summer)
  - *Studying mechanisms of vascular aging using in vitro and in vivo approaches* under preparation (coordinated by L. de Rooij)

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## **Deliverable 2.1: Call-for-action document**

- **Main achievements:**
  - 2 Workshops (Limassol training school):
    - *Single-cell profiling of the vasculature during ageing* (L. de Rooij)
    - *Circulating biomarkers of vascular ageing* (K. Gopcevic)
  - 5 Recorded research presentations:
    - *Impact of cocoa flavanol intake on age-dependent vascular stiffness* by C. Heiss
    - *Targeted delivery of atorvastatin by aptamer gated silica nanoparticles in atherosclerosis cell culture mode* by E. Oztemiz
    - *Pathophysiology of circulating biomarkers and relationship with vascular aging* by K. Gopčević
    - *Theories and molecular basis of vascular aging* by E. Gkaliagkousi
    - *Modeling vascular aging in mice (without having to wait too long)* by A. Roks

# TASK 2.2 – MODELS (LED BY B. WESTERHOF & J. ALASTRUEY)



- **Aim:** To reach consensus on the application, differences, interplay, limitations and potential complementarity of different mathematical models and techniques used for vascular ageing assessment advancing their potential clinical application

## **Deliverable 2.2: Consensus document on mathematical models**

- **Main achievements:**
  - Horizon 2023 grant VITAL awarded (coordinated by P. Segers, with participants from all other WGs)
  - Arterial pulse wave modelling and analysis for vascular age studies: a review from VascAgeNet published in *AJP – Heart* (coordinated by B. Westerhof & J. Alastruey)
  - *The value of mathematical models* under preparation (coordinated by B. Westerhof & J. Alastruey)
  - 2 Workshops (Split & Limassol training schools):
    - *Mathematical Modelling: a window into cardiovascular ageing* (B. Westerhof)
    - *Hands-on: analysing cardiovascular signals to assess vascular age* (P. Charlton)
  - 2 Research presentations:
    - *Transfer functions* by B. Westerhof
    - *Assessing vascular age from the photoplethysmogram* by P. Charlton

## TASK 2.3 – TRANSLATION



- **Aim:** To accelerate the translation from bench to bedside by implementing cross-domain activities (involving basic scientists, vascular physiologists, clinical researchers, pharmacologists, pharmaceutical companies) to identify future targets for treatments concerning vascular ageing

### **Deliverable 2.3: Report on activities**

- **Main achievements:**
  - Round table at the training school in Split (Sep 2021)
  - Webinar *Endothelial dysfunction, ageing and COVID-19* by E. Osto
  - 1 Recorded research presentation:
    - *Arterial ageing in the middle-aged: 10 years follow-up data in the Asklepios population* by D. Campos
  - Round table on *Translational Science in Vascular Ageing* at Artery 23 (Chairs/Moderators: E. Bianchini, C.C. Mayer)
  - *Translational Science in Vascular Ageing – from Bench to Bedside: Insights from a VascAgeNet Roundtable* published in *Artery Research* (coordinated by E. Bianchini, C.C. Mayer)



COST is supported by the  
EU Framework  
Programme Horizon 2020



# THANK YOU FOR THE COLLABORATIVE SPIRIT!

*Jordi Alastruey*

## **Acknowledgement**

COST Action CA18216 was supported by COST (European Cooperation in Science and Technology). COST is a funding agency for research and innovation networks. Their Actions help connect research initiatives across Europe and enable scientists to grow their ideas by sharing them with their peers. This boosts their research, career and innovation.

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